

HUB

SPORTS CENTER

We are proud to provide the HUB 360 after school program. This program targeted “at risk” students in the Central Valley and East Valley School Districts. We work closely with the school counselors and administrators to identify students who would benefit from the program. Each day the students are fed a snack, have study/homework time, physical activity time and guest speakers. We are very excited about the results and the positive impact we are having with these students.

Below you will find some program statistics, a list of our guest speakers, links to news articles and quotes from students, parents and school staff, and some photos from the year.

Statistics

- There are 60 program meetings during the school year.
- 1/3 of the students are from single parent families.
- 2/3 of the students are on free or reduced lunch.
- HUB 360 received a Meritorious Service Award Nomination from Central Valley School District.

List of Guest Speakers and Groups

- ALSC Architects – Adam
- Avista – Mike & Matt
- Ben & Jerry’s – Kari
- Berg Co. – Julie
- Blessings Under the Bridge – Jessica
- Borders for Christ – Zach
- Brett Sports – Dave
- Central Valley School District – Ben Small
- City of Liberty Lake – Mayor Steve Peterson
- City of Spokane Valley – Councilman Chuck Hafner
- City of Spokane Valley Stormwater – Aaron
- Clear Channel Radio – Mike
- Freelance Writer – Craig
- Garco Construction – Tim
- Generation Alive – Molly
- Gonzaga Athletics – Chris
- Got MADNESS – Jon
- Home Depot – Stacie
- Hoopfest – Matt
- Humane Society
- Ignite Community Theater - Stephen
- ITT Tech – Bill
- KiDDS Dental – Jared
- Liberty Lake Police Department – Officer Wilkerson
- McNeice-Wheeler Attorneys – Ryan
- Operation Healthy Family – See It/Say It – Tommy
- Paul Mitchell the School – team
- PCT Manufacturing – Clint & Brenda
- Peak 7 Adventures – Austin
- PetVet – Shelly
- Providence Sacred Heart – Joan
- Pyrotech – Allan
- RC Airplanes/Aeronautics – John
- Santee’ Restaurant – Jeremy
- Spalding Auto Parts – Mary
- Splash/Current Newspapers – Josh
- Spokane Arena – Matt
- Spokane Astronomy Club – Jerry
- Spokane Chiefs Hockey – Daniel
- Spokane County Sheriff – Sheriff Knezovich
- Spokane Photography Club – Jim
- Spokane Shock – Crystal, Mike, Adron
- Spokane Teacher’s Credit Union (STCU) – Keith
- Spokane Valley Fire Department – Rick & Mako
- U-District Physical Therapy - Mike
- Upper Columbia Academy – Nutrition Class / Cindy
- US Army – Sgt. Cochrane
- USA Boxing – Christina
- WA Little Guys Wrestling – Wayne
- Wagstaff – Barb
- Warrior Camp Fitness – Joel
- Wiley E. Waters – Kyle
- YMCA Youth & Government – BJ

Article Links

Local papers wrote articles about the HUB 360 program. Links to these articles are listed below.

<http://www.hubsportscenter.org/spokesman-review-article-november-172012/>

<http://www.hubsportscenter.org/wp-content/uploads/2013/01/Current-Article-Jan13-HUB360.pdf>

Parent Quotes:

What would your child do if they didn't attend the HUB 360 program afterschool?

- "He would sit home and play video games."
- "She would be bored."
- "He would 'run the neighborhood'."

How was the HUB 360 program beneficial to your child/family?

- "My daughter didn't feel like she was alone in her struggles."
- "She seemed to have a better attitude about things when she can home."
- "She was getting her homework done at the (HUB 360) program and received help with it. We need to work more on her turning her work in. 😊"
- "Just in the fact that it (HUB 360) was something to look forward to besides just coming home. She really doesn't have neighborhood kids to interact with after school."
- "It (HUB 360) gave him something special to do that we ordinarily could not afford."
- "I feel his attitude and responsible acts improved at home during his time involved with the HUB 360 program."

Other quotes:

- "My daughter enjoyed making new friends and having guest speakers."
- "We feel HUB 360 has been a great experience for our daughter. Hopefully she can continue next year."
- "It's a perfect place where he's safe and learning self-control, appropriate social skills and behaviors. I appreciate everyone holding him accountable and giving appropriate consequences when needed. I think it's helped him grow up a bit."

Student Quotes:

What would you do if you didn't come to the HUB 360 program?

- 4 students said, "Nothing",
- 3 students said, "Video Games"
- 2 students said, "Be bored".

My favorite part of the HUB 360 this year was...

- "Gym, so I could get all my energy out."
- "The guest speakers."
- "All the activities, because they were fun."
- "The speakers who gave us stuff to do."
- "Making 3 new friends."
- "PE because it's getting me active."

Did you find the HUB 360 program beneficial?

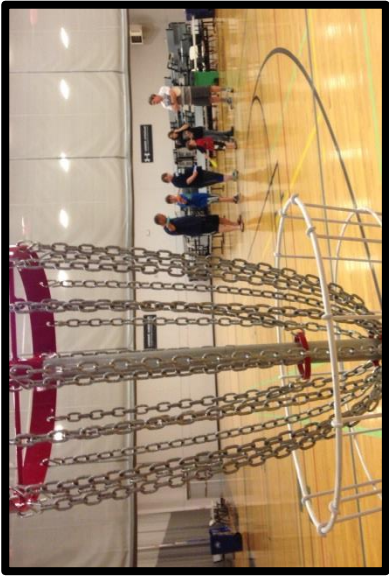
- "Yes, it helped me out to be social."
- "Yes, because my grades have come up."
- "I get to meet new people."
- "Yes, it helped me get my homework done."
- "Yes, it gave me an opportunity to get out of the house."
- "It helped with school and boredom after school."
- "Yes, I have higher grades."
- "It made me happier."

Other quote:

- "Thanks, and this is EPIC."

School Staff Quotes:

- "(HUB 360) provides an amazing alternative for our students who do not normally have other events after school. Students are excited and energized to attend this program."
- "Students will often come back to school the next day beaming as they tell stories of what they did at the HUB the previous afternoon."
- "Students indicate they know the HUB 360 staff care about them and respect them. They look forward to attending the program and express that is where they want to be after school."



Indoor Frisbee Golf with
Operation Healthy Family



Program Director
Helping with Gardening



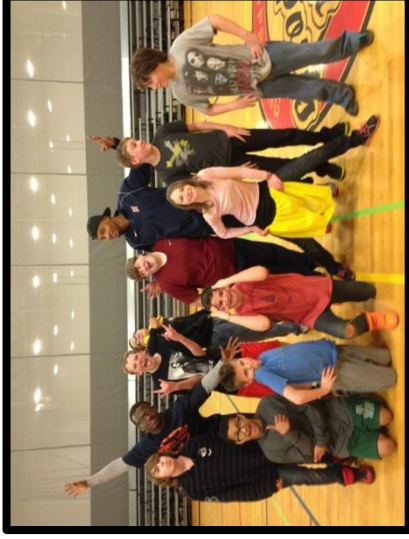
Working Out with
Warrior Camp



Tour at Wagstaff



HUB 360
Study
Play
Learn
Live



Spokane Shock with HUB 360 crew.



Training with USA Boxing
National Champions.



Checking on Plans with ALSC Architects.



Hands on Activities with PetVet