

HUB 360 After-School Program



Program Description:

The HUB 360 program serves 6-8th graders from 3:00-6:00pm on school days. Staff mentor students with their school work, teach them about healthy living, provide an opportunity to experience a variety of sports – and provide a snack.

This program was developed to address a trend identified by numerous nationwide studies that have identified the hours from 3:00-6:00pm on school days as the most dangerous for middle school students, especially for latchkey kids. These are the hours when kids get into trouble. Studies also show the powerful long-term positive impact that a mentor can have in a middle school student's life. The combination of food, caring, mentoring and rigorous physical exercise has proven to be a powerful healer in a troubled student's life. Such programs are viewed as crucial to improving the high school graduation rates for this group. Strong data show that middle school is the last, best chance to reach these kids. We currently serve five middle schools.

The HUB Sports Center facility is ideal for such a program. It is a large, well maintained building, a central location in the proximity of several schools, a large study area and a variety of gym, court and other spaces for physical activities. There is ample parking and a comfortable area for parents to "hang out" while waiting to pick up their students.

Program Details:

When: Monday/Wednesdays or Tuesdays/Thursdays from 3:00-6:00pm

Where: HUB Sports Center – 19619 E. Cataldo Ave., Liberty Lake, WA 99016

Transportation: School District provides bus service from the Middle School locations to the HUB Sports Center

Pick up: Parent or Guardian picks up the student from the HUB Sports Center at 6:00pm

Program Sample Outline:

3:00pm – Student check in

3:00pm – 4:00pm - 1 staff supervisor and 2-4 volunteers

Homework Help // Study Time // Reading Program // Nutrition

4:00pm – 5:00pm - 1 lead instructor with 1-2 volunteers

Enrichment – Arts & Crafts, Writing, Science, Technology, Speakers

5:00pm – 6:00pm – 1 lead instructor with 1-2 volunteers

Physical Activity – Games, Sports, Speed/Agility

6:00pm – Parent pick up and check out

About the HUB Sports Center:

The HUB Sports Center is a 501(c)(3) nonprofit organization. Our mission is to thread together the faith, business, sports, education and government communities to promote a safe environment, life skills and secure future. To bring together ordinary people with diverse backgrounds, empowered by God, working to provide a positive impact on youth and the community. You can find additional information about us on our website: www.hubsportscenter.org or by calling us at 509-927-0602. Thank you.